

## **[A1 - PLEDGE OF ALLEGIANCE]**

**Unleashed 9.19.18**

Season 10  
Episode 17  
Total 718

## **[A2 - COLD OPEN]**

And get dressed for success ... senior mock interviews are tomorrow and Friday.

Also ... this is the last week to sign up to take a test that can provide you with several career choices.

I'm MADELYN LOUREIRO.

And I'm HANNAH MACKENZIE

Today is September 19th ....

And UNLEASHED begins... NOW.

## **[A4 - INTRO\_NEWS\_QUARRY BOWL]**

Good morning Wildcats. It is time to sign up to join a club ... the leadership team announced that the new date for the fall club rush is next Wednesday, September 26th.

And the if you enjoy cooking, there is a Culinary Club meeting today, at lunch, in room F-9. You do not have to be in a culinary class to join the club.

In other news, last Friday was a great day ... beginning with the morning rally on Good Day Sacramento and ending the Quarry Bowl.

The day was full of spirit and a lot of maroon and gold.

It was a day to remind us all that it is great ... to be a Wildcat.

Here is a video the Leadership team prepared to recap the day's events. Take a look ...

## **[A8 - NEWS\_PANDA]**

The class of 2022 is hosting a fundraiser today, at Panda Express, from 3:00 to 8:00 pm. Stop by the Panda on Sunset and Park to support the freshmen. Make sure to mention Whitney High School class of 2022 and proceeds will help buy supplies for the freshman float and decorating their class section at rallies. Again, the fundraiser is today, at Panda Express, on Sunset and Park, from 3 to 8:00 pm.

## **[A7 - NEWS\_ASWAB]**

And ... Whitney High School is offering the ASVAB test, on Monday, at 1:15 pm, in the library.

The test is free and will let you know about potential career choices. It is available to all juniors and seniors. The test will also measure your academic abilities to determine if you qualify for the U.S. Armed Forces. If you are interested in taking the test, see your counselor. Again, the test is Monday, at 1:15 pm, in the library.

## **[A7 - NEWS\_PORTRAIT]**

Seniors, there is one more chance to have your portrait in the yearbook. If you didn't get your portrait taken by Presige at their studio, they are coming to Whitney tomorrow, to take it. To take your portrait, you will receive a pass for a photo appointment. The portrait studio is set up in the theater lobby. Show your teacher your pass, and you will be excused to take your picture. If you have any questions, stop by Room C-2 and talk to Mrs. Nichols during break or between classes. Again, tomorrow's photo session is the last opportunity to be included in the 2019 yearbook.

## **[A6 - NEWS\_SR MOCK]**

And ... Senior mock interviews start tomorrow.

The counseling department reminds seniors to plan to arrive early to your appointment, have your resume and cover letter printed, and dress for success. Interviews are tomorrow and Friday and over 50 volunteers are on campus to interview the entire senior class.

## **[A9 - NEWS MOCK INTERVIEW]**

As we just mentioned, senior mock interviews start tomorrow. Let's send it over to Emily Gaston who is in the career center to find out more about seniors can prepare for their interviews. Emily.....

## **[A10 - NEWS\_FEATURE PACKAGE]**

Junior Dianna Chang is a violinist who has played the instrument since she was five years old. Reporter Karla Barajas and Photographer Huda Zunoona went to see how Dianna invests her time ... practicing ... to improve her technique and inspire others.

## **[A11 - NEWS\_FEATURE PACKAGE\_OUT]**

Dianna is planning on Competing as a soloist at the Crescendo international competition in November, and hopes to one day perform at Carnegie Hall.

Comment about the TOPIC from package...

## **[A12 - INTRO TO THE WORD]**

Now ... as you saw in the leadership video, many students attended the quarry bowl last Friday.

And for some...it happened to be their first and their last opportunity to experience the rivalry between the two schools Here's Julia Ruccione with more in your ... "Word around Campus."

## **[A13 - THE WORD]**

UP FIRST, Senior Maria Monteiro SHARED THIS ON ... INSTAGRAM WITH THE HASHTAG WHSUNLEASHED.

In this picture Maria is with Seniors, Kamryn Clarke, Jessy Scholl, and Lorenza Lepori at the Quarry bowl. Maria, Jessy, and Lorenza are all foreign exchange students and said they are not used to the atmosphere at a football game. Maria also said it was interesting to see how serious we take our high school sports.

AND THIS WEEK WE ASKED YOU to tell us about your favorite pet USING THE HASHTAG WHSUNLEASHED. Senior AJ Cabrera said her favorite pet is her dog Sophie. In this picture you can

see AJ and Sophie at Apple Hill. She said Sophie never wants to leave her side and is always ready to cuddle.

NOW, HERE IS WHAT'S TRENDING... and if you think you can do the best belly flop, check out this competition.

The annual Death Plunge Diving challenge, in Norway, has both men and women launching themselves off a 32 foot platform in order to score the most points for their belly flops. Now take a look ... the competitors are scored based off of their coolest pose and cleanest splash.

#### **[A14 - OUT WORD\_BE RIGHT BACK]**

I bet you guys didn't know this ... but, this extreme sport has been around for 50 years and recently made its international debut because of the videos going viral.

Comment about the WORD...

Comment about the WORD ... We'll be right back.

#### **[B1 - WELCOME BACK\_RUHKALA]**

WELCOME BACK ... and thank you Sam Berg and Declan Morante for that commercial.

Now, here are some opportunities you can find in the College and Career Center ... College Night is tomorrow, at Rocklin High School.

The event is free and open to all grade levels. It starts at 6:30 and include information from over 100 colleges.

Students can also learn about financial aid, NCAA qualifications, private colleges, and UC/CSU information. Again, the event is tomorrow, at Rocklin.

#### **[B2 - INTRO\_WEATHER]**

Well ... if you're looking forward to the fall weather, you just have to wait.

Let's see when the weather will cool down again ... Here's EMMA PERRA with your forecast.

#### **[B3 - WEATHER]**

- TODAY - SUNNY / NOW - 68 / 12:42 - 80 / 2:40 - 85

Thanks Sarah and Bethany, looking outside right now we see clear skies at 68.

While you are at lunch, you won't need your jacket anymore as we should be at a warm 80 degrees.

And, after school as you are heading home, we should see temperatures in the mid 80's with a high of 87.

- FUTURE FORECAST - DAY 1 - THURS / Sunny / H - 91 / L - 59

Now here is a look at the next three days. Tomorrow, the 90's are back with sunny skies and a high of 91.

- FUTURE FORECAST - DAY 2 - FRI / Sunny / H - 93 / L - 59

And, On Friday, for the Del Oro football game, the weather again will be in the low 90's.

- FUTURE FORECAST - DAY 3 -Sat / SUNNY / H - 91 / L - 58

And as you are heading into your weekend, on Saturday look for one more day of sunshine and the last day in the 90's.

Now, here is one last look at your forecast ...

#### **[B4 - OUT\_WEATHER]**

And as Saturday's temperature is still in the low 90's ... it looks like it will be the last time we see 90 degree temperatures until the spring.

Ad-lib ... context about weather relating to X-Factor news / Sports / or Full Court Press

Thank you for the weather update EMMA...

#### **[B5 - INTRO SPORTS]**

And now it is time for sports ... there is a meeting for all Track and Field athletes.

The mandatory meeting is today, at lunch, in room F-10.

Also, there are There are several X-Factor events coming up. Take a look ....

Up first, there is an X-factor cross country meet today, at Willow Hill. The meet starts at 5:45 pm.

It is a Maroon Out event and points are doubled on the X-Factor app.

And there is a X-factor tennis match tomorrow, at 3:30, against Granite Bay. It is a White Out event and points are also doubled on the X-Factor app.

#### **[B7 - GOODBYE]**

And to be featured in the show, don't forget to answer this week's question, and tell us about your favorite pet, to go with our story about the veterinary science program.

Also make sure you share a picture on Snapchat, Twitter, or Instagram, with the hashtag WHSUNLEASHED.

That's all for now, where the news is UNLEASHED every day.

We'll see you ... tomorrow.